



TOO CLOSE TO **HALITOSIS?**

Whew! - maybe you could step back a little? A little more?

Try saying *THAT* to your boss ... your spouse ... your girlfriend ... your daughter-in-law.

There's just lotsa people with whom we come into contact who have - bless their souls - a bit stronger "signature" in the air. We're careful not to "pass gas" in the neighborhood ... but try not talking! Or not even breathing!

Our society is loaded with **FAST - EASY - FREE** solutions to many of life's "troubling problems" ... so we reach for Tic-Tacs or icy-mint gum or Binaca or Listerine or whatever. Of course we want to smell appealing to others - but that doesn't work as well as WE think it does ... and you might be covering up serious health issues that are developing silently inside, waiting to challenge your wellbeing in coming years.

"BAD BREATH" as a cause of serious HEALTH problems???

NO!!!

We mean that halitosis can indicate that you have serious health issues developing, often years before they "show up" with any testing or other complaints.

"But," you might say, "all I have is some gum problems and that's probably the reason for my 'bad breath' and my dentist is taking care of that with me."

Did your dentist tell you that "**gingivitis**" (gum inflammation/infection) is associated with an increased risk of heart attack? THAT would be a "serious health problem"!

[Dr. T is the past president of the International Academy of Biological Dentistry and Medicine - just because he wanted to know more about comprehensive diagnosis and treatment.]

"It's okay," you might say, "because my 'bad breath' might be due to **stomach** problems, because I feel better with TUMS or even with the little

purple pill." Are you aware that many folks who rely on "anti-acid treatments" suffer from bacterial or other infections in their stomach or swallowing tube (esophagus)? And that those infections could lead to life-threatening ulcers - or a whole host of other debilitating symptoms, even degenerative diseases?

"Don't try to scar me," you might say, "because my 'bad breath' really isn't THAT bad." Have you stopped to think that maybe your **liver** is starting to suffer? That is, after all, your major detoxifying organ. What about your **lungs**? Did you ever smoke? (Even marijuana.) You might have deeply-buried pockets of thick, gooey slime down in your lungs, putting out an odor that others around you might not appreciate. No, they don't just "go away" or "get better" - you actually have to treat them. And many of the folks that we see have been frustrated that drugs or inhalers from other doctors haven't solved the problem of a nagging cough.

"But" you might keep saying. That's alright with us. Keep making excuses, the folks close to you will probably understand and overlook your halitosis, right? BUT what if you have **constipation** or **bloating** or your colon has become a toxic cesspool, percolating dangerous chemicals and putrid odors, growing unsuspected bad bacteria, parasites, molds and fungus. (Yep, even worms and flukes are possible, since many people have traveled to other countries - or at least the servers and cooks in our restaurants have come from elsewhere.)

Speaking of a cesspool of odors, do you know that the toxic waste dump in your colon could be helping to create or accelerate colon **cancer**? Or BREAST cancer? Not to mention chronic **fatigue**, "the **blahs**," mind **fog**, **depression**, loss of **joy** and happiness in your life?

"But all I have is a **sinus problem** (or lingering tonsil inflammation) causing my 'bad breath' - and really, it's not that bad!" You might have "the Houston Crud," like so many of us. BUT what if YOUR problem is developing into a lingering or recurring sinus infection - **that** can be much more serious for your wellbeing. Sinus and ear throat/tonsil infections - or their treatment with increasingly powerful antibiotics - can cause very dreadful problems, often keeping you sicker and sicker for years and years and ... Well, I hope you get the picture.

Are you beginning to get an idea about how "integrative medicine" approaches are a bit different from "conventional" medical viewpoints. Rather than seeing a different specialist for each of the conditions listed above, YOU have the choice of seeing a world-renowned expert, lecturer, bestselling author, acknowledged in 50+ volumes of **Who's Who** someone whose almost 3 dozen years of solving problems for people has given him "the big picture." Someone who *IS* "the Senior Specialist in Houston."

We kinda find it funny that many folks wrongly think that what **we** do is

limited to this or that or the other. We're saddened when people think that they can't afford "our kind" of care and caring. **For some silly reason, they think that they can afford** the **co-pay** for office visits, drugs, even surgical procedures year after year, the **time off work** to visit EACH specialist every few months, **missing** out on work or vacation days because of feeling too sick to participate or having to take some other "test" ... without stopping to realize that the **reason** that they keep needing to "go back" is because their original complaints **aren't** "fixed" just "controlled" (and maybe poorly at that?) and that many **recent** complaints have surfaced over the years.

"Domino-diseases" tripping one after another, problems that could have been avoided or much more easily treated had you paid attention to early warning signs ... even something so simple as "halitosis"?

Yep.

Start being a more educated "consumer of medical care" (to use a "politically correct" phrase): **INSIST** that your specialists **FIX** your problems. Or find a different *kind* of specialist who can help you with your many problems.

What We Do WORKS!™

DIAL 1-800-FIX-PAIN

to find out just how
we could help YOU, your FAMILY, your FRIENDS

Remember that we have DOZENS of DVDs and CDs and brochures that explain many of our unique approaches ... sometimes developed here over more than 30 years, others that we have learned personally from those who actually discovered and refined those programs. **DIAL 1-800-FIX-PAIN** and ask our staff to help you.

A PAUSE TO REMEMBER

Take a moment to reflect on the sadness in the Seau family at their sudden, unexpected loss of Junior Seau, one of the greatest defensive football players of our era. This NFL champion apparently committed suicide this week. He suffered numerous concussions during his professional (and school) games (12 Pro Bowl teams, tied for the most for any linebacker), and experts speculate that repeated head injuries led to severe symptoms, even depression.

What's the real tragedy here? Junior Seau stopped looking for someone in

the medical field who could help him. Or maybe he looked to the end of his list of prospects and not one of them offered what he needed.

If he suffered with debilitating headaches, perhaps this story would have made a difference. One of our Reconstructive Therapy patients getting his low back repaired asked whether his son could be helped from one of our other treatments at the time, called NeuroCranial Restructuring. His 20 year-old son had suffered with several concussions from junior high through high-school football - and Dad said "He's been stupid ever since a really bad hit, and he'd been an honors student before." We treated him briefly (4 days in a row) and his headaches completely stopped and his mental sharpness returned. He joined the Coast Guard and excelled in his basic training.

Passing through Houston for his plum duty assignment in Hawaii, he hugged his Dad and said, "Tell Dr. Trowbridge that he made all of this possible for me!"

Could that kind of treatment been of major benefit to Junior Seau? Who knows. But the **object lesson is simple**:

Always keep looking.
Always insist on feeling better.

Send your prayers to his family, and those of the several other NFL football players who similarly have committed suicide in the past two years.

... AND TAXES?

Well, actually NOT taxes, but "1040" is a number that you likely recognize!

Over the years, we've found that folks are most happy when they have a way to save on their medical and health expenses. So, we're offering a **special program JUST FOR YOU this spring!**

Everyone knows about our **PRE-PAY BONUS PROGRAM**, where you can save up to 20% on your fees at Life Celebrating Health. Now you can take advantage of a special bonus opportunity starting today ... through the end of May.

You know about the IRS Form 1040, right? So we're going to turn that number - 1040 - *to your advantage*.

From now through the end of May (yes, the next seven weeks), we invite you to pre-pay for services that you need here

For every \$1040 that you deposit into your account, we'll ADD to your account *an additional \$104 = a 10% bonus!*

Under our usual Pre-Pay Bonus Program, you have to deposit \$4,000 or more to receive that generous bonus. But we know that times are tight - for all of us! - *and* we want to help you better afford your care here.

You enjoy major benefits from our Pre-Pay Bonus Program:
BIG DISCOUNT SAVINGS (our thanks for your confidence in us)
NO-DELAY GET-AWAY (quick check-out, if you choose)
GET IN/GET GONE (preferred scheduling times, when available)
CONVENIENT PLANNING (schedule ahead as you choose)
FINALLY FEELING BETTER! (you really mean to DO IT!)

Remember that ***What We Do Works*** ... so we want you to do it!

Here's "**the small print**": [These are the **same** provisions that have governed our pre-pay program since the beginning.] Pre-paid deposits can first be "used" in the **next** week, not right away. If you later decide for whatever reason that you'd rather have back the remaining balance on your account, we'll return to you whatever remains of your pre-pay MINUS the TOTAL bonus amount that we originally added. **You can't "lose" anything**, since you'd still be getting the same services at our usual fees, we simply "recapture" the amount that we originally added as your pre-payment bonus.



Texas Fun-Fact to Share: The official dish of [Texas](#) is **chili**.

Rodeo is the official state sport of Texas,
though High School **Football** is more popular.
